

Regional Heart Saver Committee
Presents
2010 Symposium
CPR Across the Generations

For CPR, NLS and first aid instructors, pool supervisors, paramedics, police, firefighters, aquatic programmers, workplace emergency response teams, emergency and allied health care providers

Saturday, November 6, 2010; 8:30 a.m. to 4:00 p.m.

Centre Richelieu-Vanier (see attached map)

300 Des Pères-Blancs Avenue, Ottawa, Ontario

**Free
Parking**

Highlights: Guidelines and Changes to CPR and First Aid

- Dr. Christian Vaillancourt, *Ottawa Hospital Research Institute*
- Rick Caissie, *Canadian Red Cross*

- ♥ Staying Out of Rehab – *Jane Brownrigg, University of Ottawa Heart Institute*
- ♥ Scientific Approach to Cardiac Arrest Outcomes – *Dr. Christian Vaillancourt, Ottawa Hospital Research Institute*
- ♥ Regional Paramedic Program for Eastern Ontario (formerly known as Ottawa Base Hospital Program) – *Dr. Justin Maloney, The Ottawa Hospital*

Concurrent Sessions:

- ♥ AED Program in Schools – *Sandra Clarke, ACT Foundation*
- ♥ Study – Families Living with people who have had cardiac arrest – *Dr. Bob Reid, University of Ottawa Heart Institute*
- ♥ What Does Childhood Obesity Mean for You? – *Jane Rutherford, Children's Hospital of Eastern Ontario*
- ♥ Playing With the Tools – *Brian Chisamore, Regional Heart Saver Committee*
- ♥ Creative Ways to Motivate Your Learners – *Lindsay Walton, Open Door Development*
- ♥ Practical Tips & Tricks for Instructors – *Katherine Hale and Ted Welch, Regional Heart Saver Committee*

Cost: \$30.00 in advance or \$40.00 at the door.

To register, please phone The Red Cross at 613-560-7220 ext. 249 or ext. 289

There is no registration online.

For further information please contact: *Dominique Lacasse, 613-580-6744 ext. 26307*
Maureen Lapointe, 613-580-6744 ext. 26137



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OC Transpo bus # 5

